

## Disciples in Mission -- Week 1—Year III

### 1<sup>st</sup> Sunday of Lent:



**Deuteronomy 26: 4-10**

**Psalm 91:1-2,10-11,12-13,14-15**

**Romans 10:8-13**

**Gospel: Luke 4:1-13**

### Memory verse:

"You shall worship the Lord,  
your God, and him alone  
shall you serve." (Luke 4:8)

### Family Activities

**Theme:** How do you worship God? How do you pray?

**Materials:** a large piece of poster board,  
construction paper, scissors, glue, magazines,  
crayons/washable markers, Family photos

**Opening Prayer:** Holy Spirit of God, come into our hearts. Bless us and guide our sharing.

**Gospel:** one person reads the Gospel aloud.

**Discussion:** (pre-school children): When we pray, we are worshipping God. Where do you pray to God? When do you pray? Do you have a favorite prayer? Why? (primary grade children): Think about different times when you've prayed to God, either alone or with other people. When is your favorite time? Why? (pre-teens): We know that praying is one way to worship God. Are there other ways? What are they? How do you worship God?

**Connections:** Jesus is telling us by what he does in the desert how important God is to us. God comes first in our lives. This is why we worship him. It's our way of remembering God and paying attention to him, and telling him, how much he means to us.

**Activity:** Talk about the different ways we worship God: going to church, grace at meals, bedtime prayers, treating other people with respect and fairness (especially our family), helping other people, reading the Bible, and so on. Ask everyone to cut out pictures from magazines showing people doing these things and then glue them to the poster board. You may also draw pictures directly on the poster board. If you have family photos that show these activities, put them on too. If your children are old enough, encourage them to write brief captions under the pictures to describe them. Leave a section of the poster board blank and put it up on a wall where your family will see it often during Lent. Ask family members to think of other ways that they can worship God and to look for chances to do them. When they do something that shows that they are paying attention to God, they can glue or draw a picture of it on the poster board. Do this throughout Lent.

**Memory verse:** practice the Bible verse given above.

